

THE ROTARY CLUB of WOOLGOOLGA Inc.

Woopi Whisper Woopi Whisper

VOLUME 23, Issue 6 — 2 Aug 2010

Club President
David Fayle
District Governor
Jo Wilkin
RI President
Ray Klingensmith



TONIGHT (2 Aug)

The **Big Garden Furniture** outlet on the highway on the north side of the roundabout will be familiar to all. **Gareth Owen** is coming along to tell us all about this local business venture. The beautiful garden furniture is 100% Australian product (hardwood and fittings) and the timber is sourced from salvaged timber sites and local recycled timber lots—very environmentally friendly.



Meeting Place

**Woolgoolga
Bowling Club**

Monday Evenings

6.00pm for 6.15pm

Apologies to

**6654 7126 by
10.30am Monday**

LAST MEETING (26 July)

Bernette Ledger from **Woopi Wellness** talked to us about remedial massage and acupuncture as well as a range of others treatments such as Chinese herbal remedies, cupping and hot stone treatments. Her practice treats a range of ailments from sciatica and muscle tension to stress and anxiety and even rapid healing of scar tissue via laser treatments. A combination of massage and acupuncture is often used for best results, depending on the circumstances.



Bernette studied for 4 years at the Australian College of Natural Medicine in QLD and she and business partner Terri aim to treat the whole person. Bernette specialises in acupuncture and acupressure and indicated that she tries to work with other health professionals in the area to ensure that the community has the best possible health care and treatment. She was careful to indicate that often the practice is involved in treating symptoms (such as pain) rather than offering cures for the source of the symptoms.



**Bernette Ledger
Woopi Wellness**

STATS AT A GLANCE

Visiting Rotarians: nil

Visitors: Stina Palm, our YEP student from Sweden; Joy Richardson and Bernette Ledger

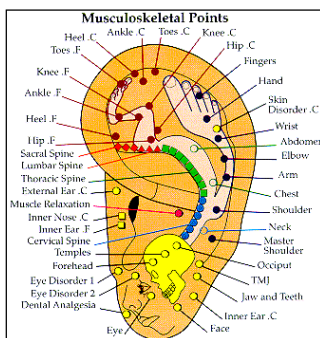
Apologies: John, Rob, George, Ray, Patty

Attendance: 16 (76.2%)

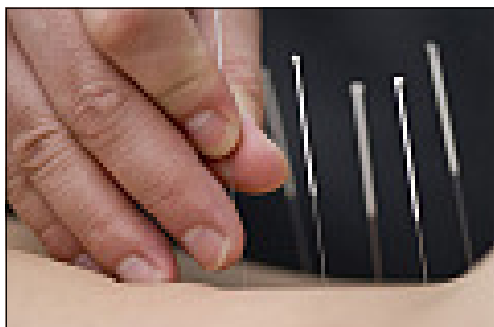
Lucky Draw: Trish

Birthdays: Dick Matthews 6 Aug, Geoff Royal 7 Aug.

Anniversaries: Merv & Joy Richardson 5 Aug.



It was clear from Bernette's presentation that she draws great satisfaction from helping people to feel better. The range of questions afterwards indicated great interest from her audience. Maybe we should take a Club block booking after auction days!!!



SERGEANT'S SESSION

Trish, who usually cops a late fine due to work commitments, was fined for being on time (can't win). David & Pam paid up on behalf of their grandkids who infected them with the dreaded cold/flu bug. Norm paid numerous fines to make up for the leave he is about to take. Must be renovation season, as there were several house painting fines. There were some sweet tarty fines arising from the "barrel of fun" at Barrels last week and a "blackberry" fine for our sergeant who was busy recording those fines on his electronic device. Keith scored a fine for running a red light in the seniors bus (don't worry Keith, if there were red light cameras, who would believe that a seniors bus of all things would be speeding through a red light!!!!?). There were SOME rewards though, in the form of bags of macadamia nuts for winners of the trivia questions on the night out.



RYDA is on THURS 12 AUGUST (9 till 2:30). We need Group Monitors for the 6 Groups, a track supervisor for morning & for afternoon, helpers for catering lunch and morning tea, and a "minder" for our crash survivor. President David will seek whole- or part-day volunteers at next meeting.

CLUB NEWS

Paul Harris Sapphire Pin for Rob White: Congratulations to Rob, recently awarded this honour (a second Paul Harris Fellow award) for his contribution to RAWCS, including RAWCS Chairman for the last 2 years.

Charles Phipps has had his heart valve operation in Sydney and is recovering in Baringa for the next few weeks for those who can visit. We wish him well for a speedy recovery.

Coffs Daybreak invitation to join them for dinner with the new Zimbabwe Ambassador to Australia, Jacqueline Zwambila. Coffs Harbour Daybreak has long been a supporter of the Chiedza Child Care Centre in Harare, Zimbabwe. The dinner will be at the Rainbow Room at C Ex in Coffs; 6 for 6.30pm on Wednesday 11 August. Cost is \$25 per head. Please RSVP via email, sunshine5@internode.on.net or phone Frank Hold on Mobile 0411 111 215.

Coffs Coast Independent news paper will be running a special Rotary supplement in August. Please let Pam Fayle know asap if your company would like to advertise in this Rotary supplement. Cost schedule emailed to members.

Curryfest Committee would like Rotary participation and will meet at 5.30pm on 17 August at the Visitors Information Centre (contact Karen if interested).

Northern Beaches Youth Centre will be holding a "Battle of the Bands" at the Youth Centre (opposite Super IGA) on Sunday 7 August 3-9pm if you want something to do after the auction to unwind!!

CLUB NOTICES	7 Aug	Auction (Northern Beaches Care)
	9 Aug	Board meeting
	12 Aug	RYDA (confirmed date)
	16 Aug	District Governor Jo Wilkin's visit (partners night)
	9 Sep	Getting Out There Day
	29 Nov-5 Dec	YEP Dive School

DISTRICT NOTICES	JULY IS LITERACY MONTH
	30 July GSE team leader applications
	AUGUST IS MEMBERSHIP MONTH
	14-15 Aug YEP inbounders briefing Uralla & YEP district tour begins
	Jan 2011 Polio vaccination trip to India
	Feb 2011 GSE team from Alberta visits

MEETING DUTY ROSTER Please swap nights if you cannot attend			
Date	2 August	9 August	16 August Partners night
Attendance	Karen Sedgwick	Terry Booth	Patty Delaney
Welcome/Fellowship	Sel Rogers	Geoff Royal	Karen Sedgwick
Club Speaker	Geoff Royal	George Smede	n/a
Vote of Thanks	Keith Minhinnett	Merv Richardson	David Fayle
Guest Speaker	Gareth Owen from "Big Garden Furniture"	John Black "Drug and alcohol awareness"	District Governor Jo Wilkin (and husband, Lindsay) will be visiting from Coonabarabran

Your Rotary Club Needs YOU

Help with
AUCTION PICK-UPS
(see Dick or Sel)

AUCTIONEERS
For 1st Sat of the month (See Sel)