

THE ROTARY CLUB of WOOLGOOLGA Inc.

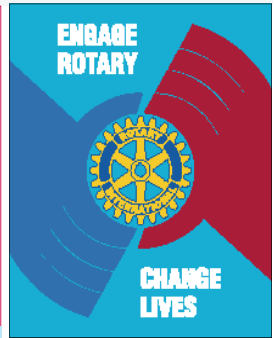
Woopi Whisper

VOLUME 26 Issue 5 — 12 August 2013

Club President
Karen Sedgwick

District Governor
Rob Anderson

RI President
Ron Burton



REMEMBER THE NEW MEETING ARRANGEMENTS (see box at right)

THIS WEEK — SUE DENGATE ON FOOD ADDITIVES



Tonight (partners night) we're going to find out how little we know about adverse effects of some of the food and drink we consume. **Sue Dengate** is an expert on the effects of food chemicals on children's behaviour, health and learning ability. Author of the bestselling Fed Up series, Sue, helped by her husband Dr Howard Dengate, a food scientist, runs the Food Intolerance Network through the website www.fedup.com.au. She has

done a round-the-world 'supermarket tour' to compare the use of food additives in 15 countries, and has published a groundbreaking study about the behavioural effects of a common bread preservative. Guests in addition to partners are welcome (but let Glenda know numbers before 10:30am on Mon!).

RYDA is on THIS THURSDAY

RYDA (Rotary Youth Drive Awareness) day is this Thursday, 15 Aug for 80-90 Year 11 & 10 students. Yours truly (David Fayle) will be filling in the roster over the next few days for group monitors, catering team, BBQ, gopher and other tasks. RYDA, a program of our club (one of 80 running RYDA in Australasia), is designed by Road Safety Education Limited, who continue to work to improve RYDA; each of the six modules has been altered for this year, and the Police module is now Road Choices. The other five are Crash Survivor, Stopping Distances, Plan B, My Wheels, and Hazards, Distractions & Risks.

RECENT MEETINGS (Rustic Table 27 Jul & Auction 3 Aug)

23 of us thoroughly enjoyed the social evening at the Rustic Table, including a trivia contest. Unfortunately, several members late to register missed the fun, as our group brought the restaurant to capacity. Laughter and chat often just about drowned out our trivia host and guitarist. Your President and your editor will surely incur fines for being on a team called We Know Everything, that came stone-cold last! (*Chocky!*)



New member Greg Williams was presented with his Rotary shirt. By auction day, he had figured out what to do with it, working all day!



Winter months are traditionally weakest for the auction, and on seeing the rather sparse offering on show and the smallish number of buyers, expectations were limited. But with the sun shining, fantastic help from Woolgoolga High students and teachers (with 16 signed in and others who turned up but were not needed), and John's auctioneering talent, the proceeds were surprisingly high. At least 19 Rotarians and partners contributed too. A nasty shin injury to Patty was the only dampener on an otherwise satisfying day.

Congratulations to members on their renewed commitment to the club under the new meeting schedule — attendance at both events was excellent.

Meeting Places

1st Saturday of the month at
the Rotary Shed
8.30-2.30

2nd & 4th Mondays
in the month

Woolgoolga C.ex (Bowling Club)
6-8pm

3rd Mondays
Board mtgs (venue tbc)

Apologies to

6654 8890
by **10.30am Monday**



STATS AT A GLANCE

Visiting Rotarians: none

Visitors: Brent and Lesley Haines, Paul Jackson, and partners Wayne Crivellone, Heather Messer, Helen, Allan, Edith, Bronwyn

Apologies (Rustic): Kirpal, Geoff, John, Garry, Dick, Gareth, George, Echah, Keith, Peter

Attendance: (Rustic) 14 (58%); auction 15 (62.5%) plus 2 honorary members Ila and Sel

Raffle winner: na

Birthdays: Colin Cafferky 20 Aug; Rob White 24 Aug

Anniversaries: nil

COMING EVENTS



Club team for Dragon Boat regatta, Sunday 15 Sep races; start 9am at Mylestom (on Bellinger River south of Sawtell). President Karen is organising a **club team** for the Sports and Community Dragon Boat Regatta and needs 16-20 people, including 2-10 males. Spend part of your Sunday draggin an oar for our team! Entry per person: \$20 (adults); \$10 (juniors, must be 12 or over).

The next **Plant and produce Stall** will be at the September auction on 7 Sep, if you wish to plan ahead and

make chutneys, jams or other produce, or pot some seedlings or cuttings for sale. Garden books, implements, manure, worm juice etc are also welcome.

Helicopter Golf Ball Drop: date Sun 20 October; see Karen if you can help source prizes for the day (club fundraising event). Ambrose golf, BBQ, and the golf ball drop slated for about 2pm.



CLUB NEWS

Woolgoolga has done it again! Our 3 applicants have all been accepted into the **Honeywell Engineering Summer School** 1-6 Dec. HESS brings together 100 Year 11 students from all over NSW & ACT who are interested in pursuing engineering as a career, so our contingent is 3% of NSW's for the second year in a row. Throughout the week-long program, students visit 5 universities, and are also taken behind the scenes of some major engineering companies & projects to see engineers at work. Thank you to Peter Lacy and Woolgoolga High School for their commitment to this wonderful program. Our club will fund 2 attendees and WHS the third.

Silvia Rodríguez Muruzabal, our 2012-2013 YEP inbounder, has returned to Pamplona, Spain, having been farewelled at Coffs airport by a huge group of friends, host families and Rotarians. Hugs and tearful goodbyes were only interrupted by Silvia's need to sprint for the plane—last one on.



President Karen, Trish and Mary represented the club at the successful **CanDo bowls day** on 28 July, raising much needed funds for the CanDo Cancer Trust.

Check out our **Heritage Walk Website:** www.woolgoolgaheritagewalk.org

CLUB NOTICES

15 Aug RYDA youth driver awareness
 26 Aug Club assembly
 30 Aug Getting Out there Day
 7 Sep September auction {Northern Beaches Care) including Plant & produce stall

DISTRICT NOTIC-

by 16 Aug Public Speaking Competition
 - Entries to clubs
 10-18 Aug National Science Week
 19 Aug Wingham town & Country expo
 by 30 Aug club Public Speaking complete
 7 Sept NYSF orientation day
 12-13 Oct Coffs Garden Expo

MEETING DUTY ROSTER Please swap nights if you cannot attend

Date	12 Aug Partners night	19 Aug Board	26 Aug Club assembly	2 Sep No meeting
Attendance	David Edwards		Thea Eves	
Welcome/ Fellowship	Geoff Royal		n/a	AUCTION Sat 7 Sep
Introduce Guest Speaker	Rod Mackenzie		n/a	
Vote of Thanks	David Fayle		n/a	
Guest Speakers or Event	Sue Dengate on Food additives etc		CLUB ASSEMBLY	

**Your Rotary Club
Needs YOU**
 Want to be on the
BOARD? - (see Karen)
 Can you help with
AUCTION PICK-UPS
or auctioneering?
(See Dick)
 WISH TO PROPOSE A
NEW MEMBER?
(See David F)
 KNOW A FAMILY IN-
TERESTED IN HOSTING
a YEP STUDENT?
(See Patty)