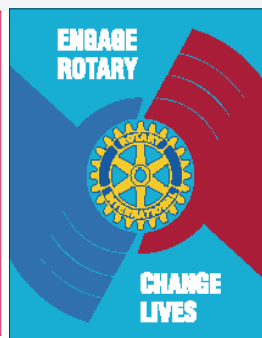


# THE ROTARY CLUB of WOOLGOOLGA Inc.

## Woopi Whisper

VOLUME 26 Issue 12 — 11 Nov 2013

Club President  
**Karen Sedgwick**  
District Governor  
**Rob Anderson**  
RI President  
**Ron Burton**



### TONIGHT (11 Nov) - YOUTH AND MENTAL HEALTH

Tonight **Dusty Dempsey**, of Community Care Options (which runs programs for the frail aged, people with a disability, and carers; based in the Seniors Centre), will be telling us about their work for **youth and mental health**.



### PUBLIC SPEAKING: JESSIE GENTLE THROUGH TO SEMI FINALS

Our **Jessie Gentle** won through to the semi-finals of the Rotary Public Speaking Competition [to be held in February, Walcha]. In a tight contest at Dorrigo RC, judges were unable to separate Jessie from her Dorrigo opponent Catherine Burley, so a further impromptu round was added, in which the Woolgoolga High School student prevailed. The support team present were President Karen and Pam & David Fayle. We are grateful to Travel 195 for their sponsorship of this District competition.

#### Meeting Places

1st Saturday of the month at  
**the Rotary Shed**  
8.30-2.30

2nd & 4th Mondays in the month

**Woolgoolga C.ex (Bowling Club)**  
6-8pm

3rd Mondays  
**Board meetings**  
(venue varies)

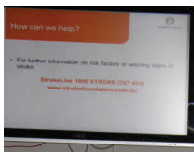
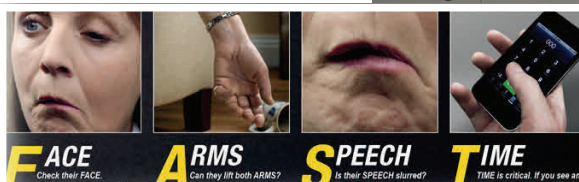
Apologies to

**6654 8890**  
by **9am Monday**

### PREVIOUS MEETING 28 OCT— JOHN URE, STROKESAFE

The most important message from **John Ure**, of Strokesafe, was that recognition of stroke symptoms and early action can make a big difference to outcomes. The signs may be seen in the Face, ability to lift Arms, and slurring of Speech, and Time is critical—get an ambulance as soon as possible.

He outlined two types of stroke, caused by either a blood clot or a bleed, affecting blood supply to the brain. Mini-strokes (transient ischemic attacks, TIAs) need medical treatment. John described the typical effects which are wide-ranging, and quoted some stark statistics: in Australia stroke kills more women than breast cancer, and more men than prostate cancer. He outlined risk factors and prevention strategies. For info: 1800 STROKE (787 653)



#### STATS AT A GLANCE

**Visiting Rotarians:** none

**Guests:** (28 Oct) John Ure, Ann Bennett, partners Col, Helen, Sally, Marlies

**Apologies:** (28 Oct) Kirpal, John, Garry, Gareth, Rob, Keith, Greg, Thea, George, David F, David E

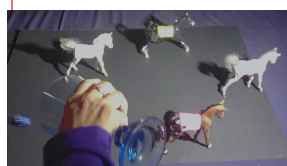
**Attendance:** (28 Oct) 15 (58%); (4 Nov) 14 (54%)

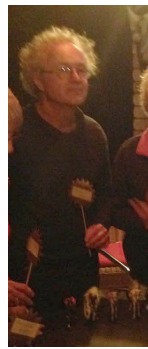
**Birthdays:** Elizabeth Phipps 13 Nov, Charles Phipps 16 Nov, Glenda Kennedy 18 Nov

**Anniversaries:** none

### MELBOURNE CUP EVE BBQ AND GET-TOGETHER

Glenda & Garry Kennedy hosted a thoroughly enjoyable Melbourne Cup Eve at their home, and kept our large group well entertained with a range of hilarious games and competitions in which some hidden talents were uncovered. Who knew that Patty was a deft hand with the pitching wedge (tub in one on first attempt!) or that yours truly could win as a jockey? (Although the winning horse—Col—was less of a surprise after we learned that he had been in recent training via the Jacaranda Stakes!) The most surprising win though was Echah, who won best hat even though she wasn't there on the night!!





Patty channelling Karrie Webb ; Dick channelling Tom Waterhouse; Col channelling Gai Waterhouse; Echah channelling Pam (or was it Pam channelling Echah?)



Dick Matthews' sweeps attracted solid investment, but we should not really be surprised that our winning thoroughbred Col's pedigree also featured in Tuesday's bigger race!

\$5.00 Sweep			\$2.00 Sweep			\$2.00 Sweep		
1 <sup>st</sup> .	Dick	\$70	1 <sup>st</sup> .	Bronwyn	\$28	1 <sup>st</sup> .	Col	\$28
2 <sup>nd</sup> .	Marlies	\$30	2 <sup>nd</sup> .	Glenda	\$12	2 <sup>nd</sup> .	Col	\$12
3 <sup>rd</sup> .	Col	\$20	3 <sup>rd</sup> .	Amy Fayle	\$8	3 <sup>rd</sup> .	Karen	\$8

Thank you to our hosts for a wonderful night, and particularly Glenda for conceiving and organising it.



Dick's sweep win was reminiscent of your editor's father winning helicopter rides, 2nd place in the helicopter golf ball drop. **Dennes Fayle** (48-year veteran of Armidale RC) upgraded the prize to a 4-passenger whirlybird and took 3 other Rotarian Fayles, flying early on Sat 26 Oct: Pam, David and Michael (Sawtell RC). What a blast! (Roadworks photo shows Thea's house below Moonee Ck.)



## OTHER ITEMS

**A reminder** to make your phone calls! Secretary Norm has emailed each member with a small set of volunteer organisations for them to contact to invite them to the annual **Volunteers BBQ now on Wednesday 4 Dec.**

News from **Thea**, for whom things have taken a turn for the better. She went to the USA 30 Oct after spending nearly a month in WA at the bedside of her son, Alex, who after a bathroom fall was fighting for life in a coma. Awake & walking, he's now in the rehabilitation hospital and hopes are high for a good recovery. Whether he will be able to finish his geology masters and continue to a PhD is still unclear. Thea says "Give my best wishes to everyone in the club". Likewise, all here wish Alex and Thea the very best.

### CLUB NOTICES

- 4 Dec Volunteers barbeque (5:30 pm Wed)
- 7 Dec Auction (Red Rock Corindi RFS tbc)
- 15 Dec Christmas Party (Nana Glen)
- 20 Jan 14 District Governor's visit

### DISTRICT NOTICES

- 13 Jan 14 Combined Rotary BBQ, Sawtell
- 1-4 Jun 14 Rotary Internat'l Convention Sydney

MEETING DUTY ROSTER Please swap nights if you cannot attend				
Date	11 Nov Meeting	18 Nov Board	25 Nov Partners	2 Dec No meeting
Attendance	Mary Bryant		Echah Wright	
Welcome/Fellowship	Allan Casey	BOARD MEETING	George Smede	AUCTION (MEETING)
Introduce Guest Speaker	David Fayle		Greg Williams	SAT 7 DEC IN LIEU
Vote of Thanks	Trish Baker		Keith Minhinnett	
Guest Speakers or Event	Dusty Dempsey Youth and Mental Health		Allan, Terry On their travels	

**Your Rotary Club Needs YOU**

Want to be on the BOARD? - (see Karen)

Can you help with AUCTION PICK-UPS or auctioneering? (See Dick)

WISH TO PROPOSE A NEW MEMBER? (See David F)

KNOW A FAMILY INTERESTED IN HOSTING a YEP STUDENT? (See Patty)