



Woolpi Whisper

Club President
Rod Mackenzie
District Governor
Bruce George
Rotary International
President
Stephanie Urchick

Meetings each month
2nd & 4th Mondays
6-8pm Woolgoolga C.ex

PO Box 436, Woolgoolga NSW 2456
www.facebook.com/rotaryclubofwoolgoolga
woolgoolgarotaryclub.org.au
woolgoolgaheritagewalk.org

The Rotary Club of Woolgoolga

VOLUME 37 ISSUE 5 6 SEPTEMBER 2024

We acknowledge and pay our respects to the Gumbaynggirr people, the Traditional Custodians of the land and waters where we live, learn and work.

Next MEETING : Monday 9th September Dinner meeting 6pm

Youth Protection Power Point Training Video

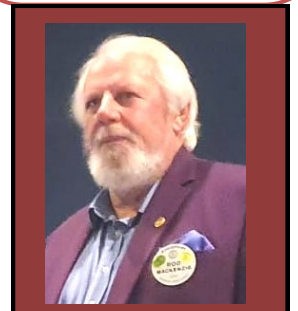
District 9660 strives to create and maintain a safe environment for all youth who participate in Rotary activities. Rotarians, and other volunteers must safeguard the children and young people they come into contact with and protect them from physical, sexual, and emotional abuse. In line with the NSW Child Protection Act 2012 and Rotary International Policy, members are required to continually update their Child protection training.

LAST MEETING: Monday 26th August

Iceland's geothermal origin. Part 2. David Fayle continued from his last talk and showed us how Iceland's geothermal history shapes its landscape. Formed only 10 million years ago, it is one of the world's youngest lands. Australia, in contrast, holds the oldest known continental crust on Earth, and David adds here that WA's Jack Hills rocks were formed only about 160 million years after the formation of the solar system, some 4,400 million years ago – somewhat longer than 10 million! Eruptions under glaciers suddenly melt lots of ice and cause flooding, as illustrated by Aug 2024 drone footage of flooding of Iceland's ring road, partially washed away, south of Mýrdalsjökull. Eruption in the Westman Islands 1973; nearby Eyjafjallajökull that caused a year of world air traffic chaos in 2010; and six eruptions between December 2023 and currently, close to the Blue Lagoon, were other recent examples of how Icelanders live on a young volcanic island that shapes their lives and the landscape around them. He also showed lava fields (some covered with eerie green moss), crater lakes, fissures, spiky ridges, pseudo-craters, and the gap between the North American and Eurasian continental plates.

Board & Officers

President: Rod
Secretary: David F
Ass Secretary: Alison
Treasurer: Geoff
Vice President: Kim
President Elect: tba
Community Services: all
Youth: Mary
Club admin & Public image: Pam F
Membership: Christopher
Public Officer & TRF David F
Bulletin: Mary
Pride in Work and
Memorials Project: Bob
YEP Counsellor: Bronwyn



31 May ..the latest eruption is a fissure eruption



9 Jun reflection of pseudo-crater, Skútustaðagígar



8 Jun Kálfaströnd, Mývatn lake



POP_UP STALL at MARINE MARKETS Sat 14th September. Hopefully our lovely and sunny Spring weather will continue for the next week when our pop-up stall and raffle will be once again down at the Saturday Markets at the Beach Park, thanks to our member volunteers.





Australian Rotary Health

One of the major concerns in Australia today is mental health. Because of the large number of adults and children presenting with some form of mental problems, Australian Rotary Health focuses on Research into prevention and treatment of mental illness. Our Club continues to donate to this worthwhile cause every year.

- Approximately 14 per cent of children in Australia have a mental disorder at any point of time (580,000 children four to seven years)
- Mental and substance use disorders are the leading cause of years lived with a disability among 1-19-year-olds.
- Fifty per cent of mental disorders across all age groups have their onset before the age of 14.
- The financial costs of childhood mental disorders are extremely high.
- One in five individuals in Australia will suffer from some type of mental disorder in any one year.
- The prevalence of mental disorders in Australia is not declining!
We must find ways to do better, and Australian Rotary Health is committed to help achieve this goal through research, awareness and education.

Next Month is Rotary's Mental Health month so Rotary clubs will be holding several activities in our local district including 'Lift the Lid'walks and 'Hat Days' to raise awareness.



DV Safe Phones. Mobile phones for those at risk of domestic violence. This project is our Club's contribution to Rotary's Domestic Violence Campaign. Rotary Clubs in NSW, Victoria, South Australia, New Zealand and across the Pacific have been delivering the Say No to Family and Domestic Violence campaign since 2018. The Coffs Harbour region is at just under 150 safe phones equating to 150 lives supported with DV Phone life-saving kits. They currently support the agencies shown below. Whenever these frontline agencies require phones, we generally send 5-10 DV Safe Phone Survival Kits, at a time. Each Safe

Phone Survival Kit gift equals a life supported with a safe phone. * Lifetime Connect Limited * WDVCS Coffs * Neighbourhood Centres of Bellingen Shire. **Drop your old phones into the box at Woolgoolga Lottery shop or Woolgoolga Post Office.** Our club will collect them and send them off to DV Safe Phone in Queensland. Your gift of a phone supports a domestic violence victim.

MHERV (Men's Health Education Rural Van) visit to **Woolgoolga**, arriving Wed 23 October for a **24 October** clinic, testing both **MEN** and **WOMEN**. A Registered Nurse provides **FREE HEALTH CHECKS** for Blood Pressure,Cholesterol and Diabetes.



ROTARY CLUB Upcoming Events :
6 Sept Sawtell Rotary Trivia Night at Sawtell RSL
14 Sept Our **Pop-up stall** Woolgoolga Beach Markets
15 Sept Coffs City Rotary Wine & Food festival
10 Oct Australian Rotary Health — "Lift the Lid"
24th Oct World Polio Day

International President Stephanie Urchick , of the Rotary Club of McMurray, Pennsylvania, USA, revealed the 2024-2025 presidential theme, **The Magic of Rotary**. "We are not going to end polio or bring peace to the world by waving a wand. It's up to you. You create the magic with every project completed..."



MEETING DUTY ROSTER Please swap nights if you cannot attend				
Date	9th September Meeting	23 September-Board/Club Meeting	14th October Meeting	28 October-Board/Club Meeting
Reminders	Order meal by 6	4.30 Board then Order Meal by 6	Order meal by 6	4.30 Board then Order Meal by 6
Welcome/Fellowship	Mary	Kyle	Christopher	Jenny
Introduce Guest Speaker/s	Kim	Peter Mc	Peter L	David E
Vote of Thanks	Bronwyn	Michelle	Geoff	Pam F
Guest Speakers or Event	Youth Protection training	Emelia Naumov STEM Summit	tba	tba

- PROJECTS**
- ◆ DV Safe Phone
 - ◆ Sleeping bags, tarps, blankets
 - ◆ World War 1 Resoration and Re-location Project (joint with RSL sub-branch)
 - ◆ Pop-up shop selling high quality clothing
 - ◆ Pride in Workmanship awards